



amandahouston

GENERAL SUPPLY LIST (Creativity Retreats)
for Pastel Workshops

 x Check off as you go.

PASTELS: As many as you can bring, with a mixture of soft and hard pastels, with a range of brights, darks and grey tones. You can use any brand you have and may want to pick up extras, esp. in the darks and neutrals. NO oil pastels.

 SOFT PASTELS: Any brand you have.

(I have my own collection through Richeson: (Amanda Houston 80 pc. Landscape essentials set and a 40 pc. Neutral essentials set) I also use Terry Ludwig for darks (v100x, B3560, G540,R160)

 HARD PASTELS:

(10-30): Girault or NUPastel - a variety of darks and lights. You can pick up Girault hard pastels by the stick. Nupastel only sold in sets now. These are my favorite work horse colors for skies and water and scumbling techniques.

NUPastel: Either the 24 or 48pc set or these are my favorite individual sticks: 207,212,305,244

Girault: 199,178,463,375

 DRAWING BOARD: Gator-board (preferably black but white will work), foam core or Masonite board for taping your papers and inspiration references on.

(3/16 " is fine) Note: if we are working plein air and in studio, the plein air drawing board is 13x17 (to fit in my 12x16 portfolio folder in my backpack and the studio drawing board is at least 18x24 to fit newsprint and larger printmaking papers). You can make your own by purchasing Gatorboard directing. https://www.uline.com/BL_872/Gatorfoam-Board)

 PASTEL PAPERS: If you have a favorite, please bring it. I will be demoing on **LaCarte paper (Sienna color), Art Spectrum Colorfix (terracotta, raw seinna), and LUX Archival).**

You can buy a large sheet and cut them down into smaller workable sizes for the class: 8x10, 9x12, 11x14 or 12x16 for the class. We will focus on lots of small work. Bring at least enough for 8-10 small paintings. I encourage students to try surfaces they haven't tried. For plein air I have students focus on 8x10 or 9x12

___ **PRINT MAKING PAPER:**

For studio loosening up exercises, bring 2-3 sheets of Reeves BFK or Borden & Riley (or other paper than will take ink, gesso and pastel. These are large pieces and we will cut these in half to be roughly 15x22.

___ **EASEL of YOUR CHOICE:** Any field easel will work. I use :

a Heilman pastel box (Bakcpacker) mounted on a tripod (MEFOTO Roadtripper) with the 18" aluminum easel attachment for my light weight plein air set up (Note: For the Creativity and Retreats, bring a studio easel and a plein air easel if you have two. (optional)

MISC. SUPPLIES:

___ Sketchbook: Small personal sketchbook. **MUST HAVE!** Any size.

I like "Strathmore Toned sketchbooks" in either gray or tan for doing thumbnail value studies.

___ Charcoal pencils (white charcoal, med, dark) for value studies
(Wolff's Carbon or Generals Charcoal pencils)

OR

___ Tombow or Faber-Castell grey set of 4 pens (for value sketches) (optional)

___ Kneaded eraser

___ vine charcoal for sketching on your surface (soft or very soft)

___ Black Artist tape 3/4"-1" or Blue painters (but prefer black on black board)

___ Paper towels (I like Viva, Home Depot Shop Towels or Wypall)

___ wet wipes

___ View Catcher or composition finder (by Guerrilla Painter) (optional)

___ Exacto Knife or straight edge to cut (by Olfa)

___ medium sized plastic containers with lid filled with cheap cornmeal:

(to clean your pastels). Can use plastic bags as well and scoop pastels out.

___ cheap metal slotted spoon (to scoop clean pastels out of container easily (optional)

___ Swifter handheld duster (for quick clean of pastels in box)(optional)

___ Brush assortment:

1" small cheap hardware brush, 1-2 different sized *synthetic* brushes from "Snap!" by Princeton or Simply Simon: 3/4" flat or stroke (optional)

___ Small sealable container of denatured Alcohol or Rubbing alcohol

(for doing underpainting techniques (water works in a pinch too) and a small container to put it in (old tuna can works fine or small plastic dish)

___ Pad of Newsprint paper 18x24 (optional)

___ Spray Fixative: Lascaux for finish work or any workable fixative (optional)

___ Glassine Paper: to protect your finished work in transport. (optional)

___ Photo references of landscapes to bring for inspiration :

(either on an ipad or printed out) of what you want to paint. **KEEP IT SIMPLE.**

Think 3-5 big shapes. No intricate detailed photos please. Instructor will have inspirational photos as well.

Amanda's Plein Air Painting Checklist:

- Backpack or bag for carrying all supplies easily (I use an REI backpack.)
- Travel box with your pastels (Heilman Designs makes a great box in 3 sizes:
I like the "Backpacker" with the 18" Easel aluminum attachment and clip on palette tray found in Heilman Design accessories (Heilmandesigns.com).
- Tripod or travel easel
(I use MEFOTO Roadtripper (aluminum) or OBO (Titanium) tripod attached to a Heilman Pastel box. If you choose to use a different box without an attachment, make sure you have an easel with an arm or shelf to accommodate your pastel box like the MABEF Foding easel with Shelf brackets)

- View Catcher or composition finder (by Guerrilla Painter) (optional)
- MH Value Finder (optional)
- Sunscreen
- Hat
- Water
- Snacks
- Camera/phone or tablet
- Palette tray (Heilman Palette Tray clips to box) or small Tupperware with separate clips
- Raincoat or Jacket
- wet wipes

- Small plastic bag for garbage
- Paper Portfolio 12x16 for holding paper and finished work
- Glassine (cut to 12x16) to protect finished work
- Field Umbrella (optional but very helpful to have.
I like Easy1 (artworkessentails)or Bestrella (Bestumbrella.com) to attach to your tripod or "Shadebuddy" for separate standup easel)
- (Misc. supplies as listed in the general supplies list:
 - Black tape
 - Paper towels
 - Assortment of paper-no bigger than 12x16
 - 13x17 Gatorboard for drawing board
 - Tin container of vine charcoal (for value studies on paper)
 - Tin container of Charcoal pencils (including white, med , dark charcoal)
 - Kneaded easer
 - Stathmore Gray toned sketchbook for sketching composiions and notes
 - Handheld Swifter duster and spare swifter Dust refill
 - Assortment of brushes (optional)
 - container of Denatured or Isopropyl alcohol for underpainting technique (optional)
 - Small container for alcohol or water